

NDA After School Enrichment Fit-kids Class with Mrs. Drewry



What: Every week a different active game to keep your children fit, active, playing and having fun!

Who: Boys and Girls in Preschool, Kinder Prep & Kindergarten

When: Monday's: Preschool and Kinder prep 3:05pm – 4:00pm

Tuesday's: Kindergarten 3:05pm- 4:00pm

Where: NDA school field

Why: To help kids enjoy playing sports and to help develop motor skills and coordination.

- Focuses on teaching the core fundamentals of balance and coordination while developing gross motor skills
- Fun games and activities are used to reinforce individual development
- Group games are used to teach sportsmanship and cooperation
- Basic instruction of sport skills

Monday Class: Sep: 16, 23 Oct: 7, 14, 21, 28 Nov: 18 Dec: 2, 9

Tuesday Class: Sep: 17, 24 Oct: 1, 8, 15, 22, 29 Nov: 12, 19 Dec: 3

Fit Kids with Mrs. Drewry	
Participant's Name: _____	Grade: _____ Teacher: _____
Parent/Guardian Name: _____	Email: _____
Phone #: _____	Emergency contact: _____
Please circle the day your child will attend Fit Kids: Monday or Tuesday	
Please return registration form and a \$200 check payable to: Ana Levey in PS1 or at the office by Friday Aug 30th If you have any questions, please email me at adrewry@ndasd.org	
I _____ give my child, _____ permission to participate in the fit kid's program. I also give permission for Mrs. Drewry to sign out my son/daughter from his/her classroom at the end of the school day on the above Monday's, so that he/she can attend fit kid's.	
Parent/ Guardian signature: _____	Date: _____